



## **Reiki Level I Class**

**Deborah Strafuss  
Reiki Master Teacher**

**Sunday November 16<sup>th</sup>, 9:30AM to 4:30PM**

**Class to be held at:**

**The Gentle Place Wellness Group, 79 Main Street, Suite 104, Framingham MA**

**Learn about Reiki and how to access Reiki energy for yourself and others  
in this Level I class.**

**You will experience a Reiki Level I Attunement and receive:**

- ◆ An Introduction to Usui Reiki
- ◆ Instruction in how to access Reiki Energy everyday
- ◆ Basic methods of using Reiki for yourself and others
- ◆ Some simple practices to deepen your Reiki experience
- ◆ Your **Reiki Level I** Certificate
- ◆ Practice giving and receiving Reiki through a Reiki share

**Join me for a life-changing experience of Usui Reiki Royoho**

**Call 508-353-5136**

**or email:**

**[HealingHands@CrystalReikiEnergy.com](mailto:HealingHands@CrystalReikiEnergy.com)**

**to reserve your space**

**Class Cost: \$150.00**

**\$25.00 due at registration, balance upon start of class**

***[www.CrystalReikiEnergy.com](http://www.CrystalReikiEnergy.com)***